



Can Small Molecule Oncology Drugs Be Tested in Healthy Subjects?

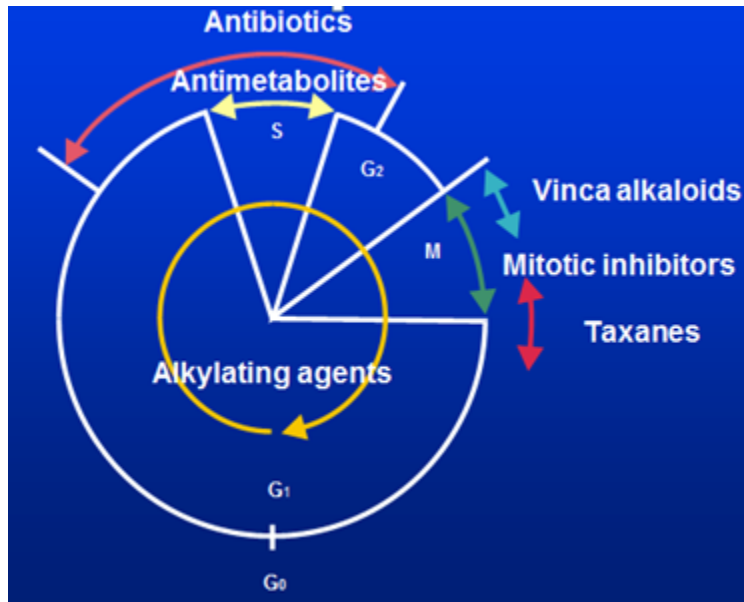
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Sciences

Executive Summary

- Compare safety profile for today's small molecule oncology products vs. yesterday's chemotherapeutic agents
- Opportunity to test early in healthy subjects vs. patients at considerable cost and time savings
- Some common Adverse Events which can potentially be mitigated/managed
- Common physical-chemical properties
- Opportunity to evaluate critical clinical pharmacology properties to inform transition to patients early in development

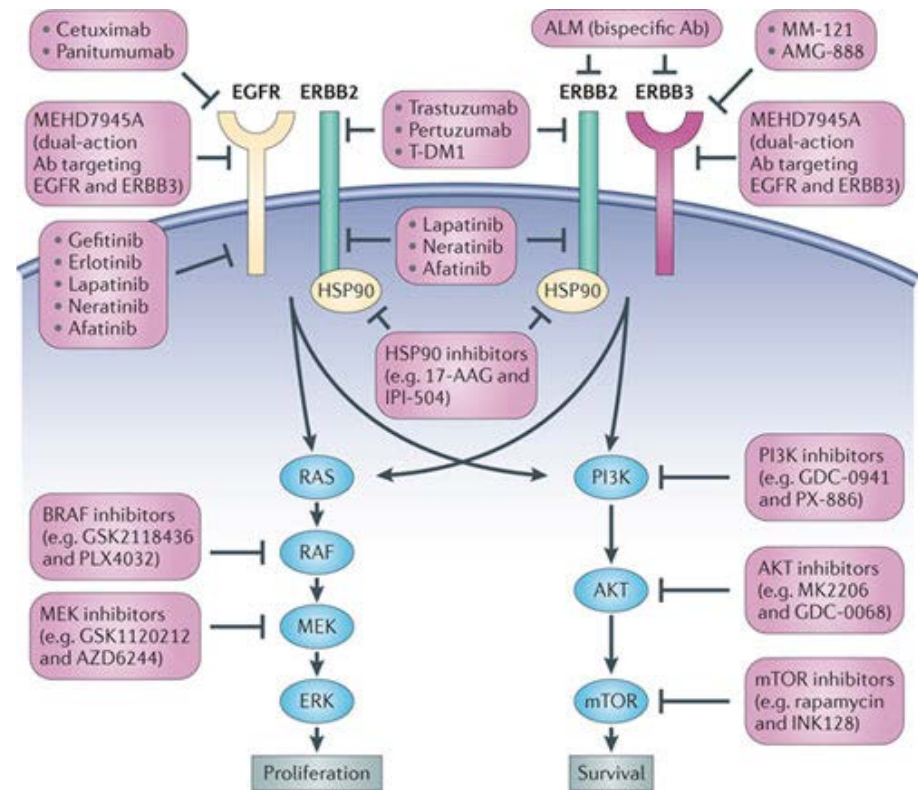
Yesterday's Traditional Chemotherapy



- Non-specifically target healthy and cancer cells
- Can produce secondary malignancies
- Serious dose- and duration-limited Adverse Events
- Typically parenteral administration

Today's Treatment: Kinase Inhibitor

- Inhibit Tyrosine/ Serine/ Threonine Kinases
- Orally bioavailable (most)
- More specifically targeting overexpressed receptors and/or enzymes
- More selective for cancer cells vs. healthy cells
- Not without Adverse Event concerns



[Download from the Internet free of charge on Nov. 20, 2015](#)
[The ERBB network: at last, cancer therapy meets systems biology](#)

Yosef Yarden & Gur Pines
 Nature Reviews Cancer 12, 553-563 (August 2012)

AE: Adverse Events

Example Drugs Targeting Receptor and Intracellular Kinases (Tyrosine, Serine, Threonine)

Kinase Type	Name	Trade/Code Name	Selective Target	FDA Approved	Cancer (Examples)
Receptor	Crizotinib	Xalkori	MET	+	NSCLC, anaplastic large cell lymphoma, neuroblastoma
Receptor	Erlotinib	Tarceva	EGFR	+	NSCLC, pancreatic cancer
Receptor	Gefitinib	Iressa	EGFR	+	NSCLC, AML
Receptor	Icotinib	Conmana	EGFR	+	NSCLC
Receptor	Lapatinib	Tykerb	HER-2, EGFR	+	Breast cancer
Receptor	Lenvatinib	E7080	VEGFR2, 3	+	Approved for thyroid cancer in Japan
Receptor & Intracellular	Cabozantinib (XL184)	Cometriq	VEGF, RET, MET, NTRKB, TIE2, AXL	+	Medullary thyroid cancer, progressive metastatic medullary thyroid cancer
Receptor & Intracellular	Dasatinib	Sprycel	BCR-ABL, SRC, KIT, PDGFRs, EPH, CSK	+	CML, ALL
Receptor & Intracellular	Imatinib	Gleevec	ABL, KIT, PDGFRs	+	Gastrointestinal stromal tumor, leukemias
Receptor & Intracellular	Nilotinib	Tasigna	BCR-ABL, KIT, LCK, EPHA3, 8, DDR1, 2	+	CML
Receptor & Intracellular	Sunitinib	Sutent	VEGFR2, PDGFR β , KIT, RET, CSF1R, FLT3	+	Renal cell carcinoma, gastrointestinal stromal tumor

Developing Oncology Products: Phase I Timeline/Cost

- Estimates range from at least 12-18 months for n=25 oncology patients*
- Compared to 4-6 months for healthy normal subjects (HNS)
- Patients studies can cost into the millions
- Targeted therapies alter the risk vs. benefit ratio relative to cytotoxic agents
- Unless compound causes direct DNA damage, FDA typically allows dosing in HNS

* Hughes et. Al. 2012. Assay Guidelines

Celerion's Oncology Small Molecule Experience in Healthy Volunteers

- >45 studies (Since 2011) across variety of targets

VEGFR

FGFR

EGFR

ABL

MET

BTK

Considerations Before Testing Oncology Drugs in Healthy Subjects

General

- Mutagenicity/carcinogenicity
- Reproductive toxicity

Class Specific Concerns

- Skin rashes and other cutaneous reactions
- Hepatotoxicity
- Cardiovascular safety
- Gastrointestinal irritation (nausea/vomiting)

Carcinogenicity & Mutagenicity Concerns

- Previous paradigm for oncology didn't warrant such scrutiny as not using HNS
- Genotoxicity which causes direct DNA damage, not good candidate for HNS study
 - 3 negative assays before dosing in HNS
- ICH M3: need at least Ames test for single-dose
- ICH M3: also need test for DNA damage for multiple-dose

Guidance for Industry and Review Staff Recommended Approaches to Integration of Genetic Toxicology Study Results

U.S. Department of Health and Human Services
Food and Drug Administration
Center for Drug Evaluation and Research (CDER)

January 2006
Pharmacology and Toxicology

HNS: Healthy Normal Subjects
ICH: International Conference on Harmonization



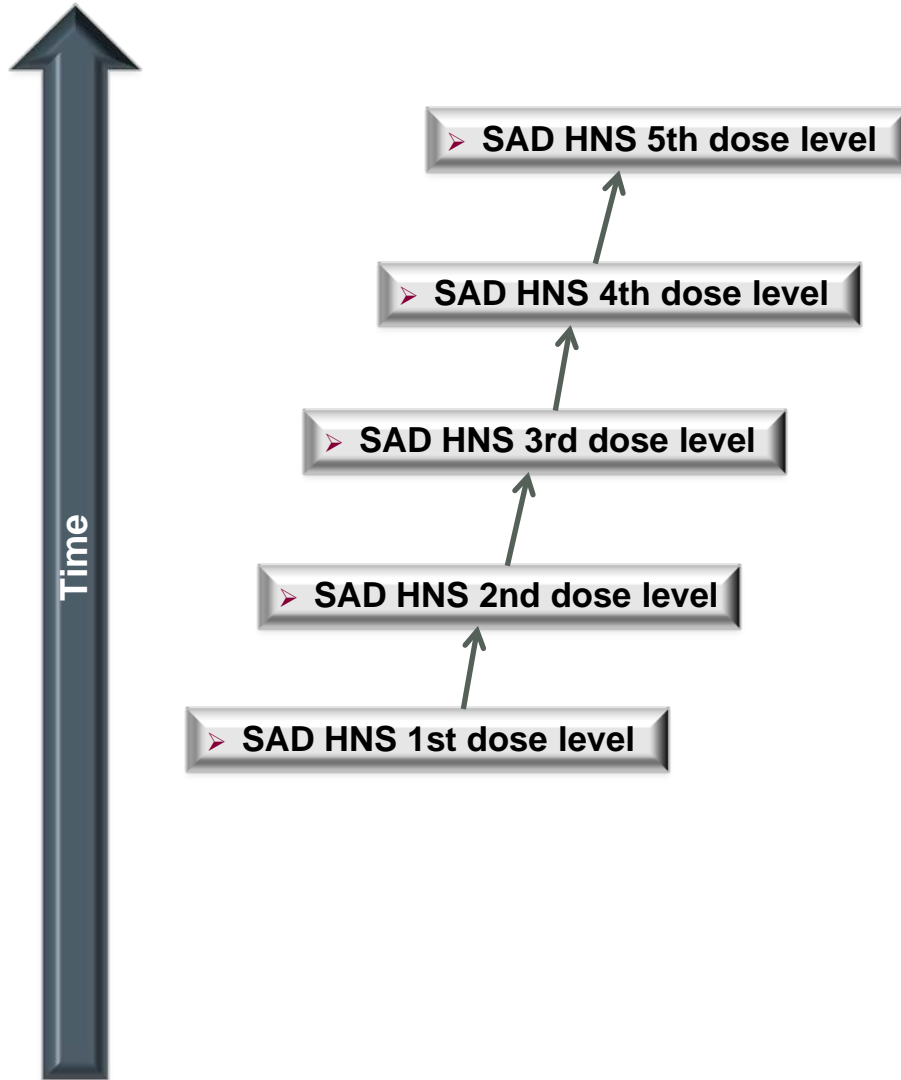
Reproductive Toxicity Considerations

- Sperm cycle is ~70 days – males must use barrier method until impact on sperm expected to be nil
- Absence of testing or positive effect may require excluding women of child bearing potential – regardless of contraception
- Females not of child-bearing potential can be employed
 - For repeat-dose ICH M3 suggests toxicity testing on reproductive organs should be conducted first

Skin Reactions and Risk Mitigation

- Cutaneous reactions among most common AEs in oncology:
 - Skin eruptions
 - Xerosis (dryness)
 - Fissures
 - Hair changes (alopecia, depigmentation)
- EGFR inhibitors produce dose-dependent effects >75% patients within 1-2 weeks
- Difficult to mitigate risk, mostly supportive management if these effects occur in clinical studies

Integrate Intensive ECG Monitoring for Early QT liability

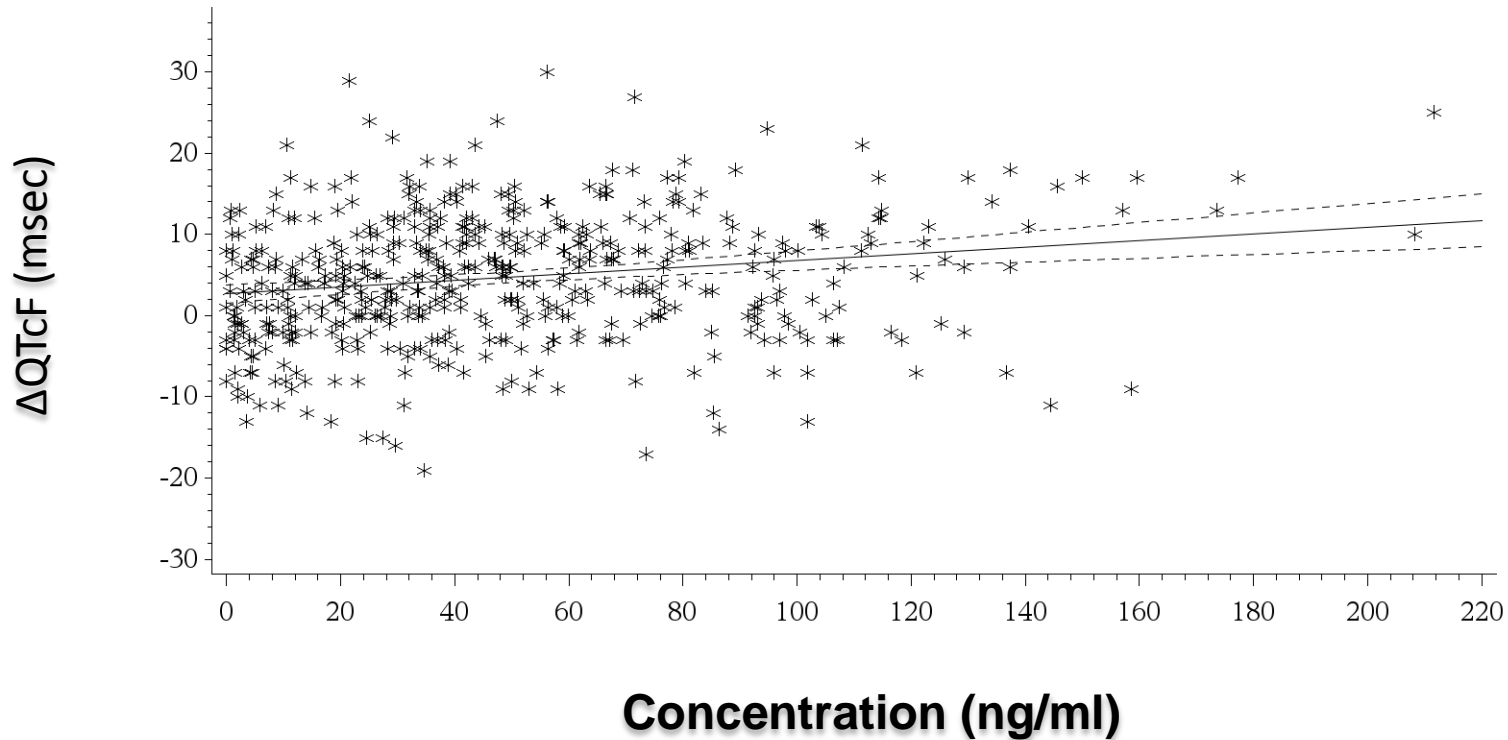


HNS: Healthy Normal Subjects

Each Cohort

- ECG Extractions
- Single 24 hr Holter monitoring session
- Three triplicate baseline timepoints
- 6-9 triplicate post-dose timepoints
- Proactively plan for extended supine periods

SAD Allows for Evaluation of Potentially Supra-Therapeutic Exposure



Mitigating GI Risk

- Nausea and vomiting common with TKIs, especially with EGFR inhibitors
- TKI tested in dose escalation (FIH SAD) in patients with
Most frequently reported adverse events were:
 - Nausea
 - Vomiting
 - Diarrhea
 - Abdominal pain
 - Clear gastrointestinal-related adverse event profile

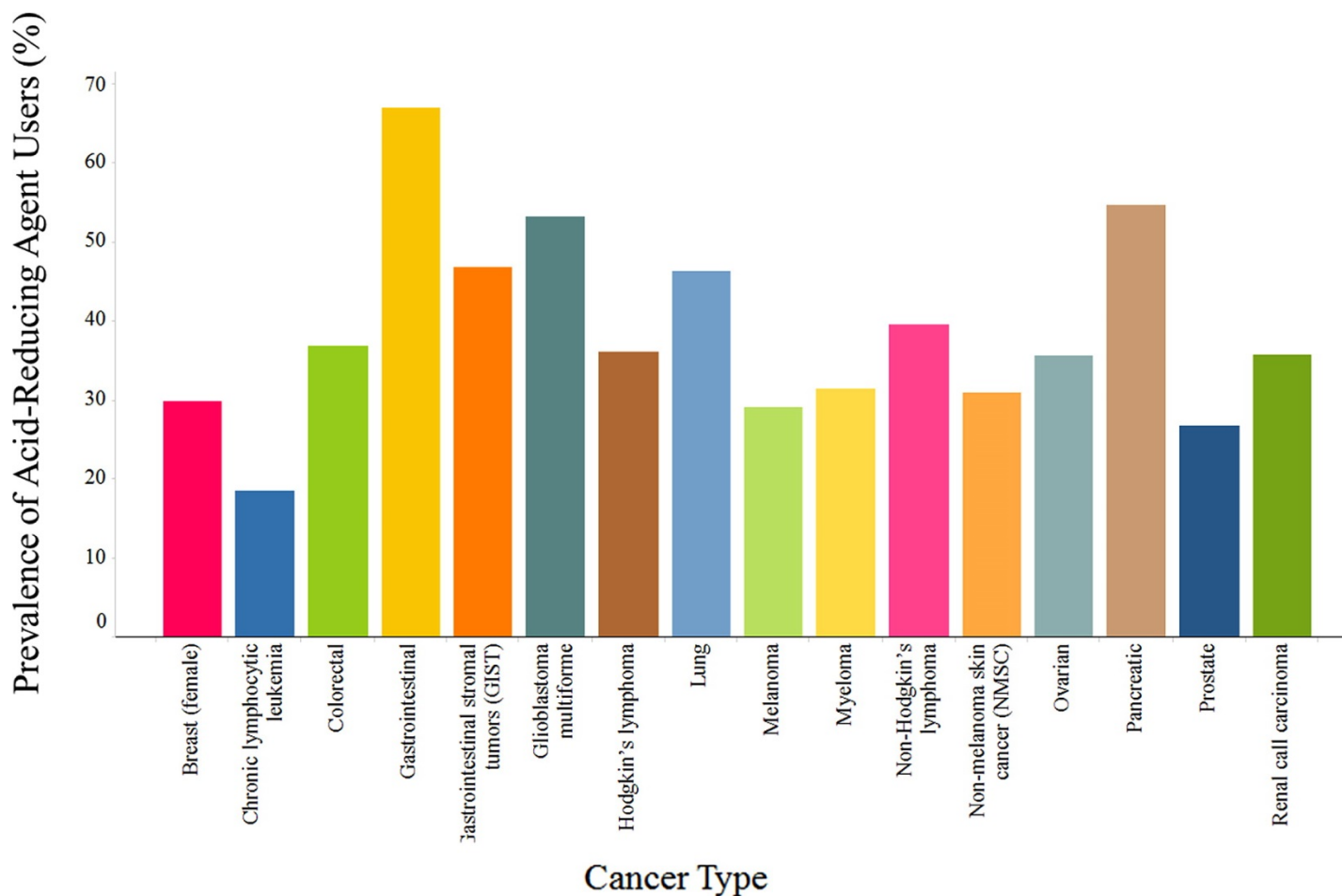
Mitigation of GI Effects for Healthy Subject Studies

- In healthy subject studies, consider prophylactic antiemetics in highly emetogenic drugs (based on the initial studies in cancer patients)
- IM diphenhydramine (mild CYP2D6 inhibitor)
- Oral ondansetron (Zofran, not likely interact with metabolism but may impact GI motility) – consider for rescue
- Pre-treatment with 16 mg 30-45min pre-dose: 0 emesis events in one group of n=24 HNS

HNS: Healthy Normal Subjects
GI: Gastrointestinal
Min: Minute



Use of Acid-Reducing Agents in Cancer Patients



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Gillian S. Smelick; Timothy P. Heffron; Laura Chu; Brian Dean; David A. West; Scott L. DuVall; Bert L. Lum; Nageshwar Budha; Scott N. Holden; Leslie Z. Benet; Adam Frymoyer; Mark J. Dresser; Joseph A. Ware; *Mol. Pharmaceutics* **2013**, 10, 4055-4062.

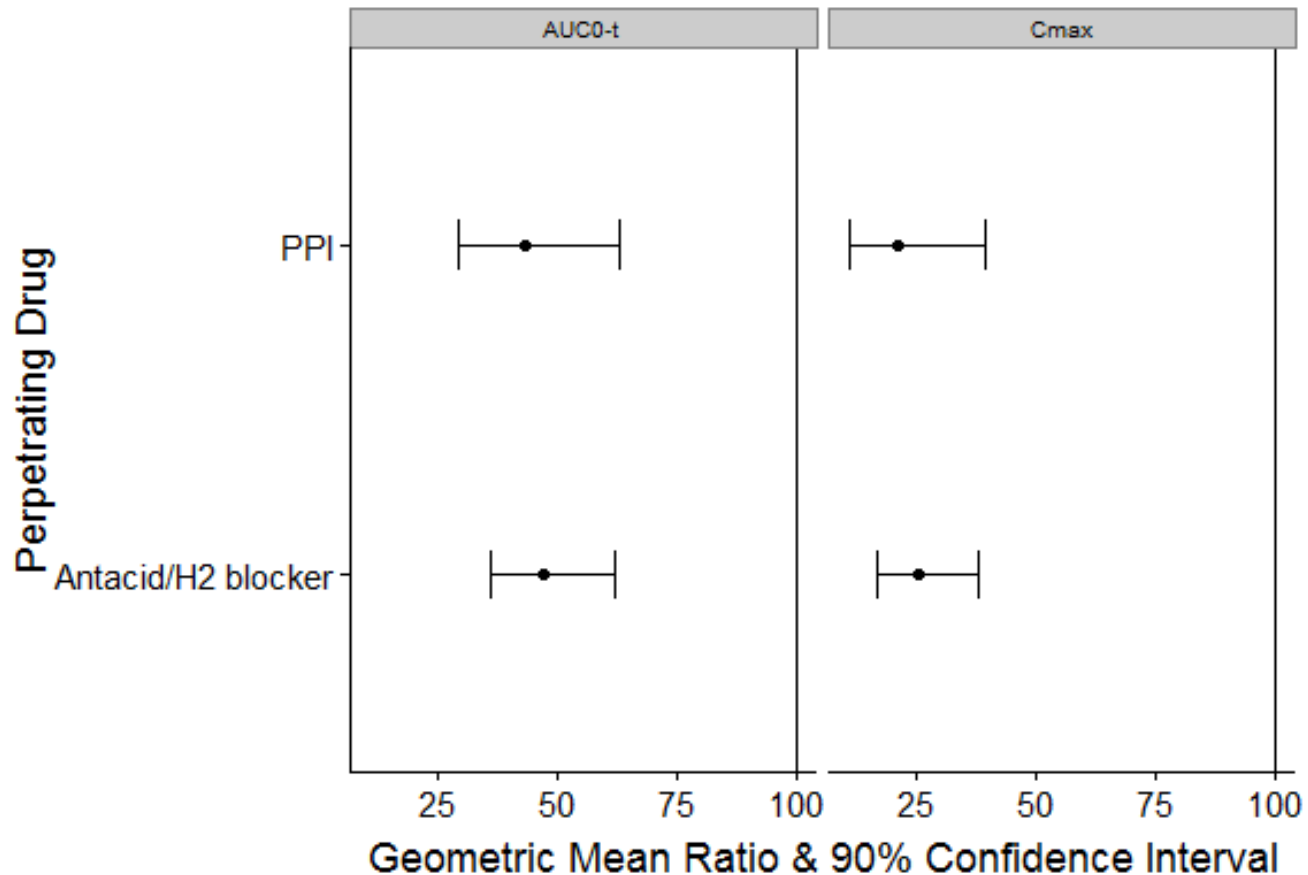
DOI: 10.1021/mp400403s

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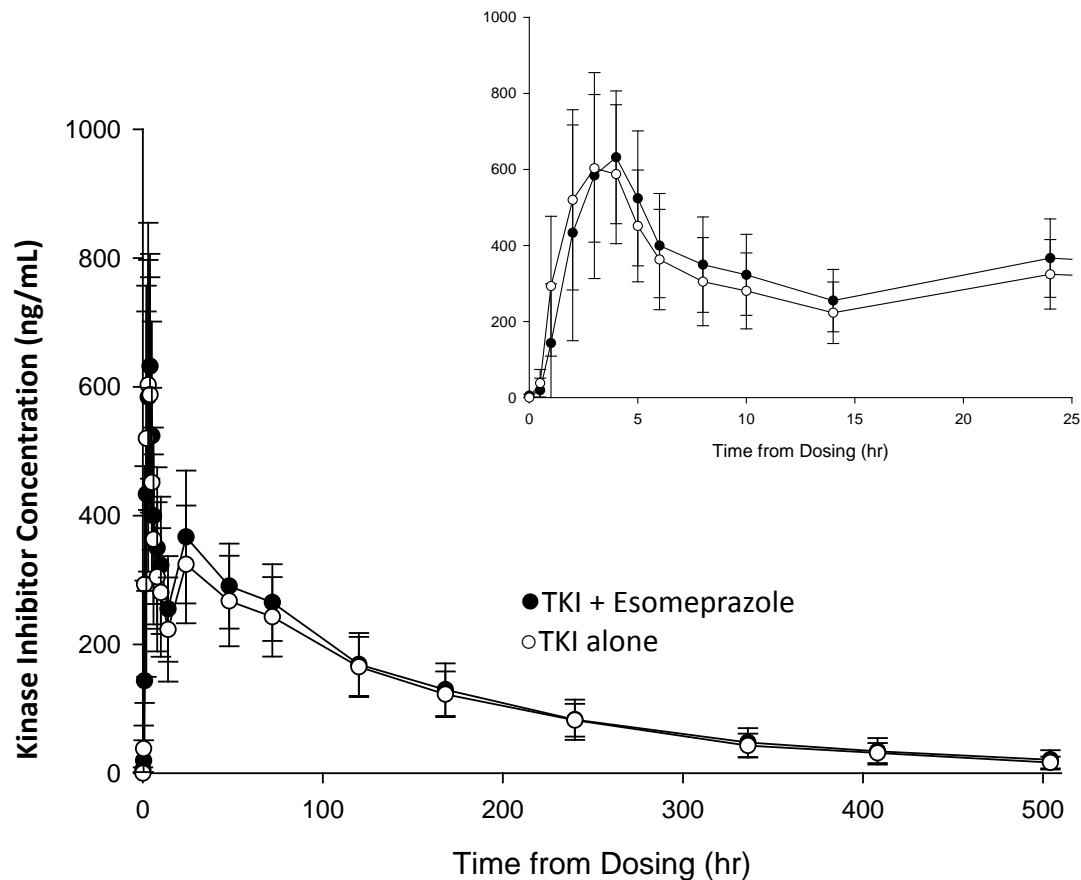
Kinase Inhibitor DDIs with Acid-Reducing Agents?

- Most of these compounds are weak bases, so more acidic environment ionizes drug improving solubility, but...
- ↑pH with gastric acid-reducers ↓ ionization and ↓ solubility – potentially ↓ bioavailability
- pH dependent solubility observed in vitro doesn't always translate to in-vivo
- Efficient testing can be performed using strong acid suppressors (e.g. Proton Pump Inhibitors (PPI)), then if an effect is observed, consider weaker (H₂ antagonists, antacids)

Example Magnitude of Acid-Reducing Agents on PK of TKI Class Compound



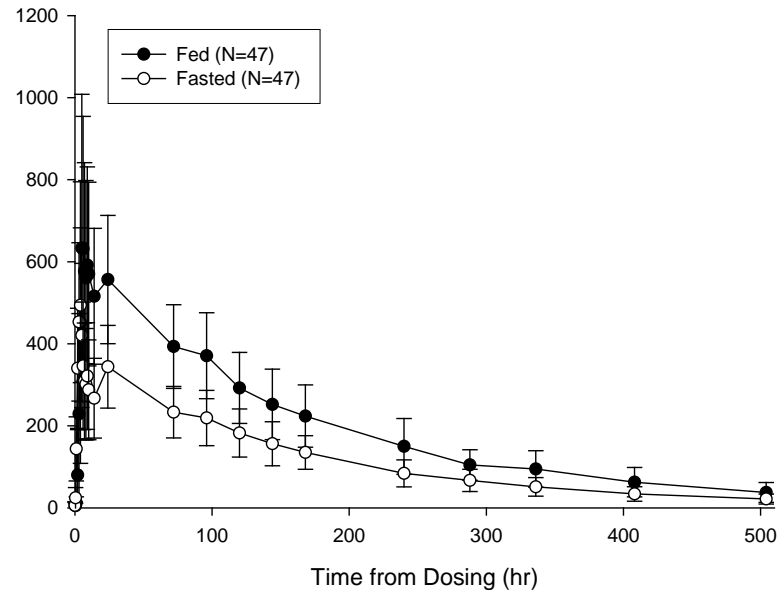
Lack of Significant Effect of Acid Reducer on Another TKI – Not a Class Effect?



TKI: Tyrosine Kinase Inhibitor

What about Food-Effect?

- Similar principles apply as for the PPI interaction
 - pH dependent solubility can be influenced by meal
 - Important to test impact of meal early on when moving quickly into patient studies



PK Parameter	GMR%	90% CI
C_{max}	141	118-167
AUC _{0-t}	157	136-182
AUC _{0-inf}	157	135-182

PPI: Proton Pump Inhibitor

PK: Pharmacokinetic

GMR: Geometric Mean Ratio

CI%: Confidence Interval

C_{max} : Maximum Concentration

AUC: Area Under the Curve

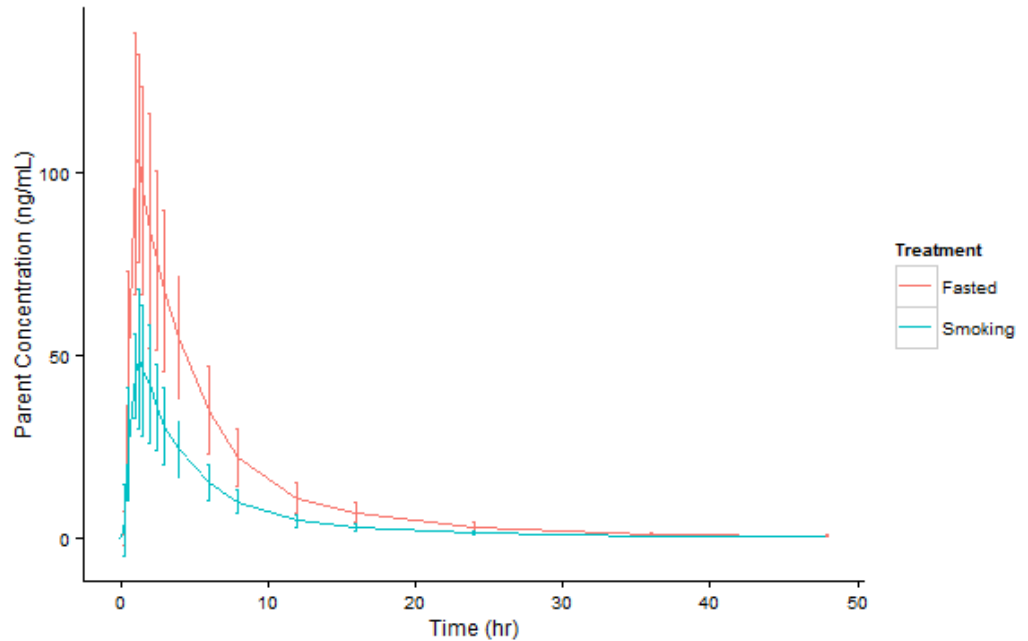
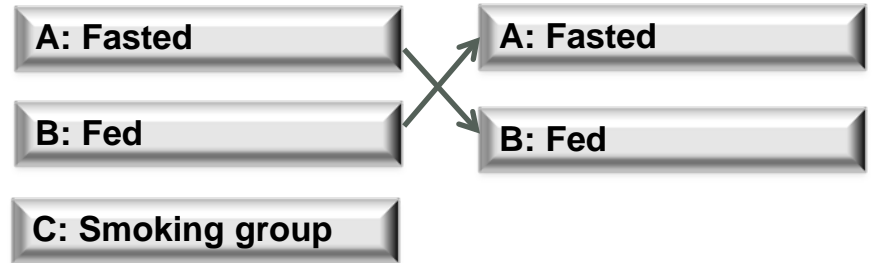
Impact of Tobacco Use

- Tobacco induces CYP1A
- Constitutive activity of CYP1A low in normal individuals, however substantially upregulated
- If preclinical testing suggests CYP1A catalyzed metabolism:
 - Consider testing in vivo, impact of smoking status on PK in early clinical pharmacology study before Phase II/III
 - Mitigates risk of treatment failure in cancer patients who continue to smoke during treatment

Study 1: Food-effect + Effect of Smoking (CYP1A induction)

Study 1

- 2-period single-dose x-over in HNS
 - Fasted
 - Fed
- Parallel group comparison to HNS moderate-heavy cigarette smokers



Other DDIs

- Many of the TKIs are metabolized by the CYP3A4 system
- Many potential interactions
- Consider testing for effect of CYP3A4 early on in Phase I (FDA has commented to either test or avoid certain concomitant medication in patient studies)
- Fewer inducers in clinical practice, if cost/time a factor consider deferring induction effect until after Phase II

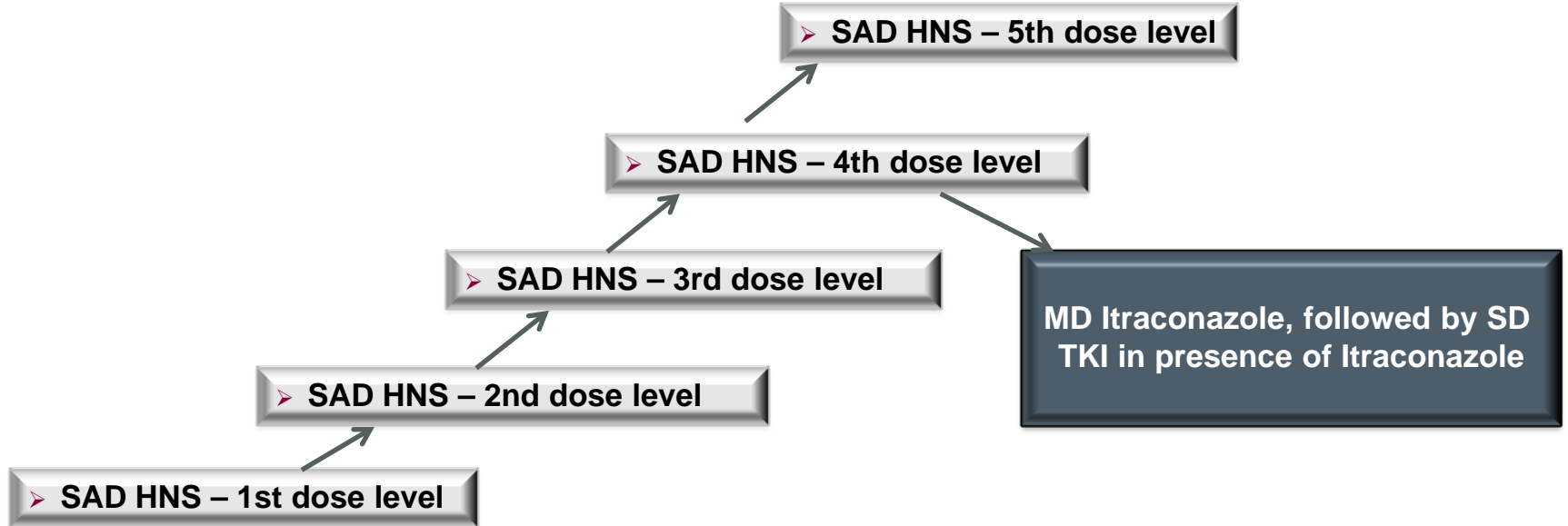
How Do I Know if I Should Plan for a DDI Study and When?

- FDA guidance considers the $[I]/K_i$ ratio where:
 - $[I]$ is the C_{max} at steady-state of the inhibitor
 - K_i is the concentration of the inhibitor which reduces the rate of the in-vitro reaction by half
 - Ratio >0.1 suggest possible interaction
 - Ratio >1 suggest likely
- If drug is a substrate for CYP3A4, possibly also for p-glycoprotein, consider testing in-vitro and in-vivo before patient studies in a human Drug-Drug Interaction

Options For Testing CYP3A4 Inhibition of TKI in Early Clinical Research

Option 1

- Fixed-sequence test of itraconazole (strong CYP3A4 inhibitor) as part of SAD



SD: Single-dose
SAD: Single Ascending Dose
MD: Multiple-dose
DDI: Drug-Drug Interaction
HNS: Healthy Normal Subject

Options For Testing CYP3A4 Inhibition of TKI in Early Clinical Research

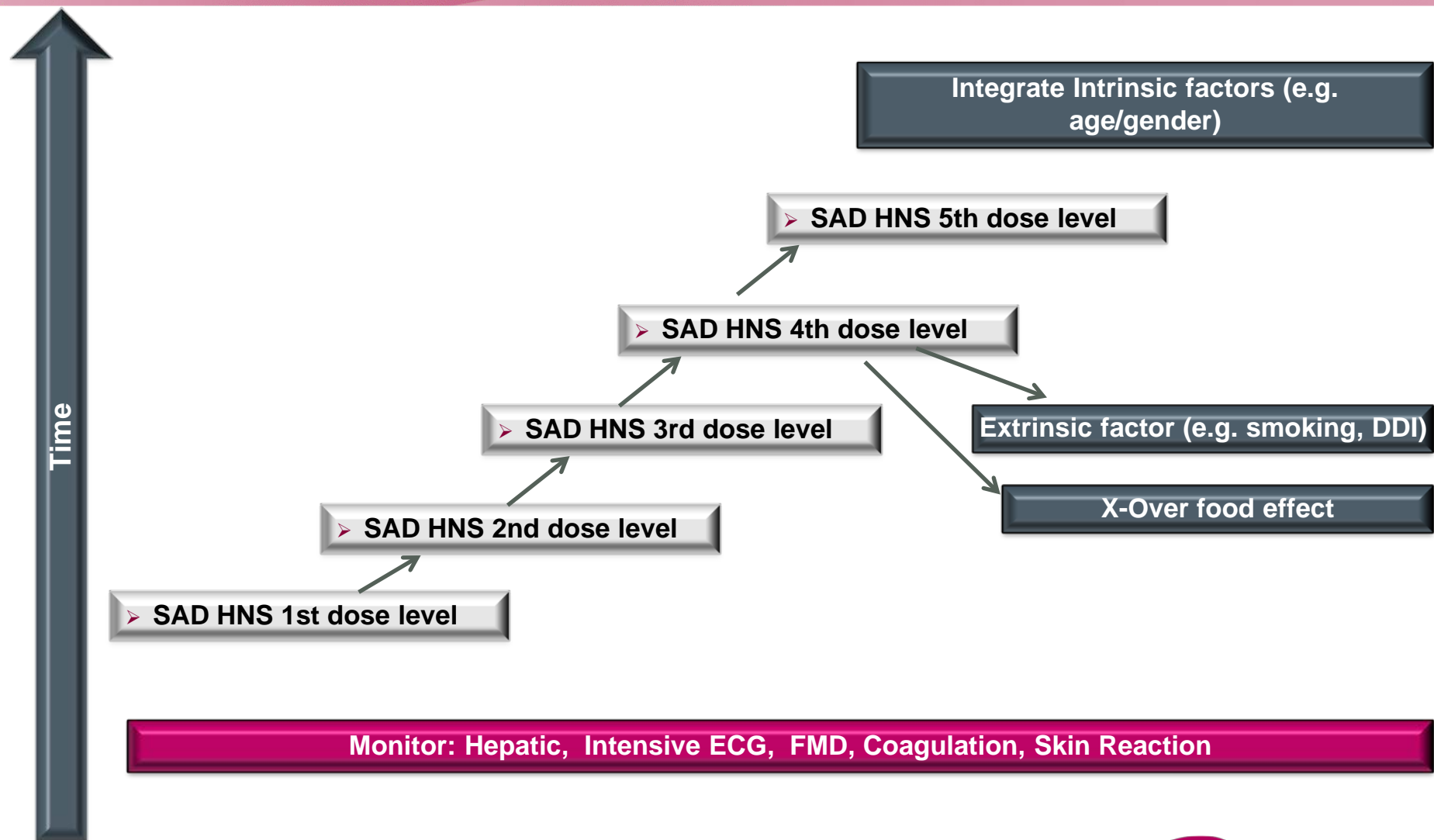
Option 2

- Dedicated standalone study
- Fixed-sequence test of itraconazole (strong CYP3A4 inhibitor)



SD: Single-dose
MD: Multiple-dose
DDI: Drug-Drug Interaction

Integrate Intrinsic/Extrinsic Factors into SAD with Intensive Safety Monitoring



SAD: Single Ascending Dose
HNS: Healthy Normal Subject

Summary

- Consideration of using HNS in non-cytotoxic small molecule oncology not different from other therapeutic classes
- Time/cost savings and speed of start-up of a FIH in HNS to be weighed against safety concerns and benefits of doing trials in cancer patients.
- Some AEs (emesis may be mitigated by anti-emetics)
- Common physical-chemical characteristics suggest food-effects, GI acid effects
- CYP3A4 inhibition victim

AE: Adverse Effects

GI: Gastrointestinal

FIH: First-in-Human

HNS: Healthy Normal Subjects



**Thank you
Questions?**